

Kentucky Board of Marriage and Family Therapists Quarterly Newsletter



2025 Board Meeting Dates

2/20/25	3/20/25
4/17/25.	5/15/25
7/17/25.	8/21/25
9/18/25.	10/16/25
11/20/25.	12/18/25

All meetings are held at 12pm
virtually and in person. Access
meeting links here: mft.ky.gov

***Please note there is no meeting for
June 2025**

Board Members & Staff

- Michelle Oak, Board Chair
- Nicole Ward, Secretary & Treasurer
- Karen Sheets-Mobley
- Lilian Williams
- Jennifer Kendrick
- Amanda Bommer Villaveces
- Michelle Stillwagon
- Board Admin (vacant)
- Daniel Leffel Board Counsel

CONTACT

Kentucky Board of Marriage and Family Therapy,
500 Mero St, 2 SC 32 Frankfort, KY 40601

Web: mft.ky.gov

Office: 502-782-8809

Fax: 502-564-4818

Email: MFT@ky.gov



FAQs

Question: How do I know if the CE I'm taking is approved by the Board?

Answer:

Approved CEs are listed on our website. You can locate the spreadsheet of approved CEs by going here: [click here](#).

Question: If I take class that is not on the approved list, how can I submit it for approval?

Answer: Individuals can apply for CE approval of courses not listed in the approved CE spreadsheet by submitting this form: [click here](#). *please note submission does not ensure approval.

What are the education reqs for becoming an MFT Associate?

Applicants must hold a Masters or Doctoral degree from a program accredited by the Commission on Accreditation of Marriage and Family Education.

Curriculum Guidelines

- Ensure the following courses are documented:

Marriage and Family Studies: 3 courses (9 semester hours).

Marriage and Family Therapy: 3 courses (9 semester hours).

Human Development: 3 courses (9 semester hours).

Psychopathology/DSM: 1 course (3 semester hours).

Professional Studies: 1 course (3 semester hours).

Research: 1 course (3 semester hours).

C. Practicum/Internship

Document completion of at least **300 hours of supervised client contact** with individuals, couples, and families.

[201 KAR 32:020](#)

Board Meeting Recaps

Previous board meeting notes can be found here; [Click here](#)



Legislature News

Stay up to date on legislature policies impacting our profession.

2025 Regular Session Bills pertaining to Mental Health:

[Click here](#)